









I have headache





I have headache



I have <u>a</u> headache







I need to go to the doctor





I need to go to the doctor



I need to go to the doctor's







What's the wrong?





What's the wrong?



What's wrong? What's the <u>matter</u>?





I'm under weather





I'm under weather



I'm under the weather





He has a toothache





He has a toothache



He has toothache







She has cold





She has cold



She has **a** cold







She hurt his arm





She hurt his arm



She hurt <u>her</u> arm <u>He</u> hurt his arm







My daughter cut finger





My daughter cut finger



My daughter cut <u>her</u> finger







You should get rest





You should get rest



You should get <u>some/a little</u> <u>bit of</u> rest







You need to <u>have</u> some painkillers





You need to have some painkillers



You need to <u>take</u> some painkillers





I sore my back





I sore my back

I <u>hurt</u> my back My back is <u>sore</u> I feel <u>sore</u>





Practice 1

You are the doctor. What would you recommend to these patients?



- 1) I have stomach ache
- 2) I have toothache
- 3) I cut my finger
- 4) I hurt my knee
- 5) I have a sore throat
- 6) I have a cough



1) I have stomach ache

Drink water (with lemon / cinnamon)
Take painkillers
Use a hot water bottle
Get some rest /relax



I have toothache

Go to the dentist
Brush my teeth
Take some painkillers



I cut my finger

Put on a plaster/bandage
To stop the bleeding
Go to the doctor
Clean the cut (water/soap)



I hurt my knee

Put on a bandage
Clean the cut
Apply cream /menthol
Use an ice-pack



I have a sore throat

Drink water with honey and lemon Use mouthwash (Listerine) Take strepsils Use a throat spray **MINT**



I have a cough

Take painkillers
Wear a scarf
Menthol rub
Drink water



- 7) I have a temperature
- 8) I have a headache
- 9) I have backache
- 10) I have toothache
- 11) I have a cold
- 12) I have earache



I have a temperature/fever

Take painkillers
Use an ice-pack
Take a cold shower/bath
Drink water / hydrate



I have a headache

Take painkillers
Put menthol on the forehead
Use an ice-pack
Sleep / get some rest / relax



I have backache

Take painkillers Have a massage Use a hot water bottle - an ice-pack Have a hot shower/bath Change the mattress



I have a cold

Take some painkillers Have some honey and lemon Drink water Wear warm clothes Get some rest - menthol



I have earrache

Take some painkillers
Put some ear <u>drops</u>
Go to the doctor
Be quiet



- 13) I have the flu
- 14) I hurt my shoulder
- 15) I hurt my hand
- 16) My arm is broken
- 17) I sprained my ankle
- 18) My tooth is broken



I have the flu

Sleep - get some rest Go to the doctor /hospital



I hurt my shoulder

Do some exercise Get a massage Use an ice-pack or hot water bottle



My arm is broken

Go to the hospital Get an X-ray Get a bandage (cast) Take medication/painkillers



I sprained my ankle

Get a massage Put a bandage /menthol Take some painkillers /medication Use a bottle (roll)





Practice 2

Reading time!





British Healthcare

Healthcare in the United Kingdom is both public and private. Every British citizen has access to the public healthcare service, called the National Health Service (NHS). A few people choose private healthcare, but most Brits choose free public healthcare instead.

Brits are very proud of their free healthcare and the service is generally very good. If you feel ill and want to see a doctor, you can easily book an appointment. Every Brit must register with their local doctor. Each city and town has many different doctor's but small villages only have one doctor's. All your healthcare details will be stored with your doctor. Each person has a specific doctor called a general practitioner (GP), so when you book an appointment you will always see the same doctor. If you have any minor problems, you can book your appointment and your doctor will provide you with treatment.

If you receive treatment at the doctor's, this is free. For example, a bandage, a plaster or painkillers. If you need additional medication this is free if you are; under 16 years old, 16-18 years and in full-time education, older than 60 years old, pregnant or are receiving financial support from the government. If you do not fit these categories, you must pay £9.00 for each prescription. Some general medications, such as contraceptives, are always free for everybody.

If you have a medical emergency, you can go to the hospital and this is free. Any treatment and medication inside a hospital is free.

Dentist's are also on the NHS. Dentist's are free if you receive free medication on the NHS. If not, you pay around £20.00 for an appointment with your dentist. If you need medication or special treatments from your dentist, this costs extra.





Review the text

https://virtually-fluent.com/wp-content/uploads/2020/10/17-British-Healthcare-Worksheet.pdf





Answer these questions

- 1) Who has access to the free NHS in the UK?
- 2) How can Brits get an appointment with their local doctor?
- 3) What is a GP?
- 4) Who receives free medication/treatment?
- 5) How much does the hospital cost in the UK?
- 6) In which situations do you need to pay to see a dentist?

Who has access to the free NHS in the UK?



Who has access to the free NHS in the UK?

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How much does the hospital cost in the UK?



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Practice 3

Conversation time!





- How are you today?
- Do you get ill regularly?
- 3) Have you ever been to a hospital?
- 4) Have you ever broken a bone?
- 5) Have you ever sprained something?
- 6) What do you do if you have a cold or the flu?
- 7) What do you do if you have a sore throat or a cough?
- 8) Is it easy to go to the doctor's in your country?
- 9) Is it free to visit your doctor?
- 10) What do you do to stay fit and healthy?
- 11) Do you get headaches regularly?
- 12) Do you have healthy teeth?
- 13) How often do you visit the dentist?
- 14) How often do you visit the doctor's?







REVIEW



Illnesses and Treatments



