



LEARN COOKING VERBS AND PHRASES



Cooking

Cooking



Cooking

stir

mix



Cooking

stir

single
substance



mix

two or
more
substances

Cooking

cut

chop

slice



Cooking

cut

chop

slice

slow

quick

thin



Cooking

boil

steam



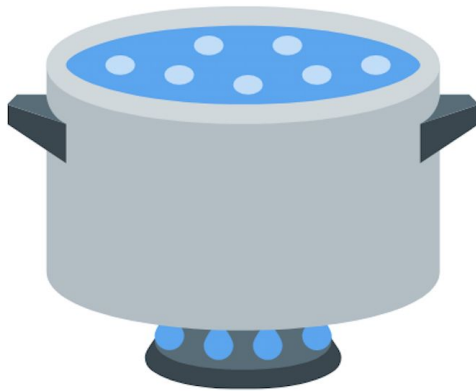
Cooking

boil

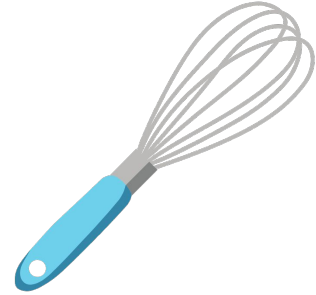
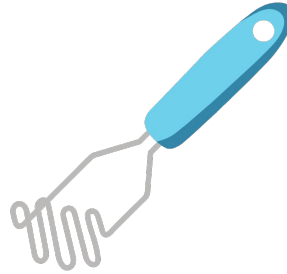
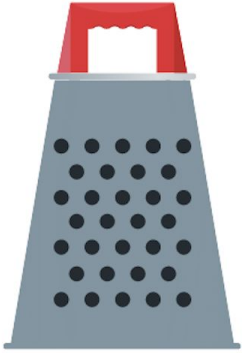
steam

100°C

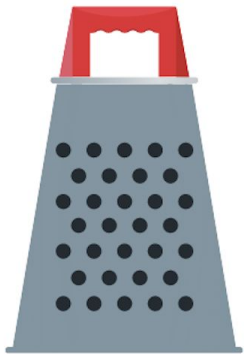
vapour



Cooking



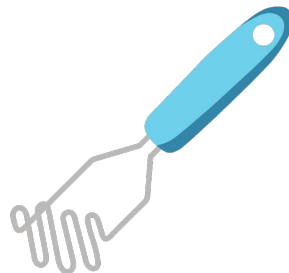
Cooking



grate



peel



mash



whisk

Cooking



Cooking

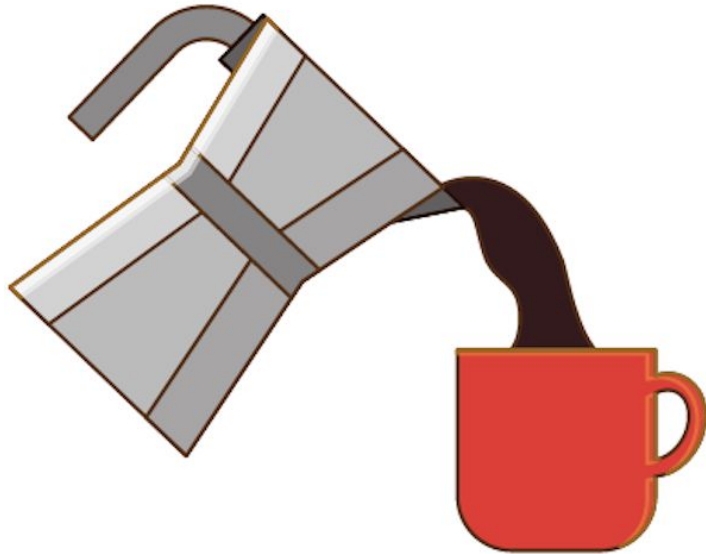


sift

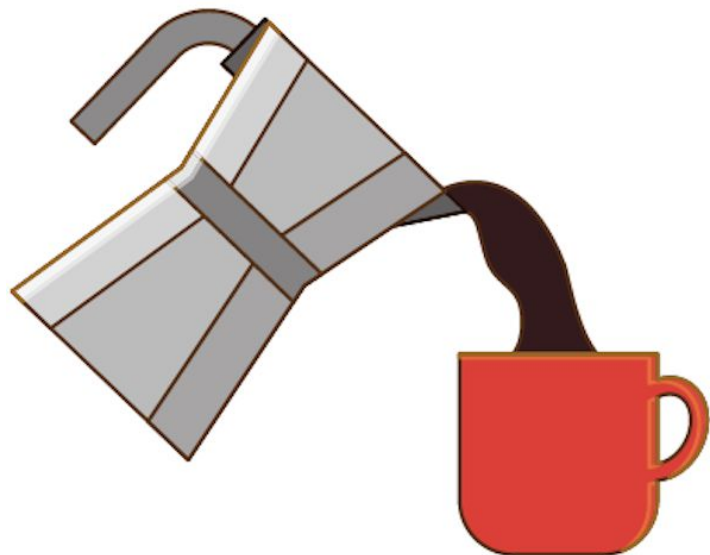


weigh
measure (ment)
scales

Cooking



Cooking



pour

Can you pour me
a glass of water?

Cooking



Cooking



cook



fry

I really love cooking but sometimes it's also nice to take one of my ready made meals from the freezer instead. I let it **thaw out** for a few hours before I **heat it up** in the microwave. Although I always find that I heat it up too much and I need to let it **cool down** before I can actually eat it!

Ready made meals are good but they can be very unhealthy with very high levels of salt. Sometimes, to make myself feel a bit better I'll **chop up** some vegetables and **mix them in** to my ready meal too. Maybe I need to start **cutting down on** ready meals! The problem is that when I'm too lazy to cook, it's the perfect solution. I could always **eat out** instead or try **whipping up** a really delicious meal at home that is quick.

Phrasal Verbs for Cooking

to thaw out

transitive - separable

to wait for something frozen to arrive at room
temperature

We need to thaw that chicken out

Phrasal Verbs for Cooking

to heat up

transitive - separable

to make something hotter

Let's heat up the dinner from yesterday

Phrasal Verbs for Cooking

to cool down

intransitive / transitive - separable

to make something colder

I need to cool down! I'm so hot!

Phrasal Verbs for Cooking

to chop up

transitive - separable

to cut something into small pieces

Can you chop up the coriander, please?

Phrasal Verbs for Cooking

to mix in

transitive - separable

to combine two things together

Now, mix in the eggs.

Phrasal Verbs for Cooking

to cut down on

transitive - inseparable

to reduce the quantity (eating)

We need to cut down on chocolate.

Phrasal Verbs for Cooking

to eat out

intransitive

to eat in a restaurant/café (not your house)

Let's eat out tonight!

Phrasal Verbs for Cooking

to whip up

transitive - separable

to prepare food very quickly

Don't worry, she'll whip something up!

Technology



It's conversation time!



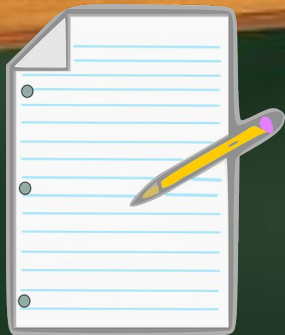
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REVIEW



Cooking Course



HOMEWORK

WRITING ASSIGNMENT

Link:

<https://virtually-fluent.com/topic/my-favourite-recipe-2/>