



TO LEARN ADVERBS OF FREQUENCY



Adverbs of Frequency

Adverbs of Frequency

What is an adverb of frequency?

Adverbs of Frequency

0%

100%



Adverbs of Frequency

0%

100%



never

0%

Adverbs of Frequency

0%

100%

rarely

5%

Adverbs of Frequency

0%

100%



A horizontal dark blue line represents a frequency scale from 0% to 100%. A purple arrow points upwards from a purple box containing the word 'seldom' to the line. Below the box is the label '10%'.

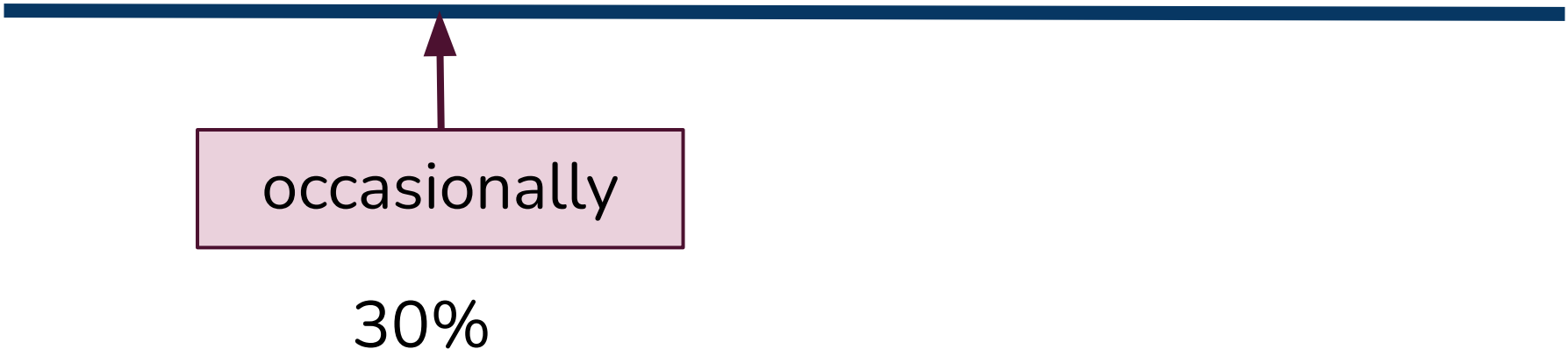
seldom

10%

Adverbs of Frequency

0%

100%



A horizontal dark blue line represents a frequency scale from 0% to 100%. A purple box containing the word 'occasionally' is positioned below the line. A purple arrow points upwards from the box to the line, indicating its position on the scale.

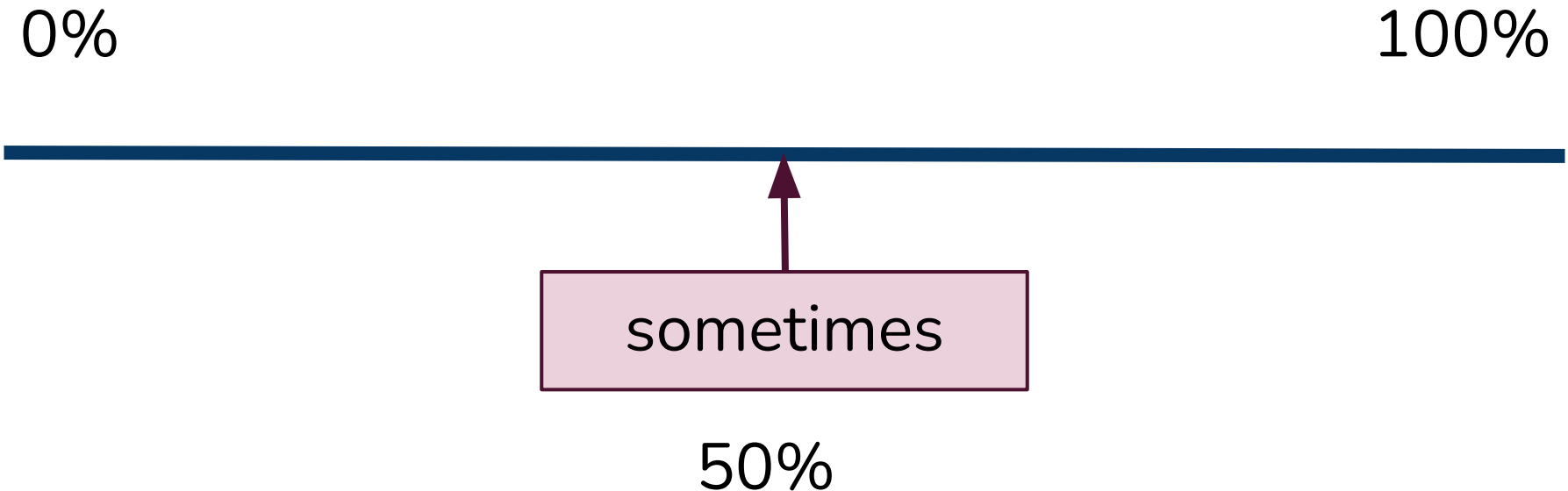
occasionally

30%

Adverbs of Frequency

0%

100%



A horizontal dark blue line represents a frequency scale from 0% to 100%. A purple arrow points upwards from a light purple box containing the word 'sometimes' to the center of the line. Below the box is the label '50%'.

sometimes

50%

Adverbs of Frequency

0%

100%

70%

often

frequently

Adverbs of Frequency

0%

100%

80%

normally

generally

Adverbs of Frequency

0%

100%

usually

90%

Adverbs of Frequency

0%

100%



always

Adverbs of Frequency

1. I always have a shower in the morning
2. Sometimes, I read a book
3. I never go to school at 8pm
4. He seldom visits me

Adverbs of Frequency

We can use the word “every” to talk about a regular event at the same time.

EVERY + TIME PERIOD

Every day

Every week

Every year

Adverbs of Frequency

Or we can express a specific number of times that we do something.

QUANTITY + A + TIME PERIOD

Adverbs of Frequency

QUANTITY + A + TIME PERIOD

Once a week

Twice a day

Three times a year

Adverbs of Frequency

We are going to learn 5 rules for the position of adverbs of frequency

Adverbs of Frequency



FA goes before the main verb

Subject

Adverb of
Frequency

Verb

I

always

dance

Adverbs of Frequency

2 Definite FA goes at the beginning or end

Subject

Verb

Definite
Adverb of
Frequency

I

dance

daily

Adverbs of Frequency

Definite Frequency Adverbs

Daily/ weekly/ monthly

Every year

Every 10 minutes

Three times a year

Adverbs of Frequency



FA goes in between the auxiliary verb and main verb

Subject

Auxiliary
Verb

Adverb of
Frequency

Verb

I

don't

normally

dance

Adverbs of Frequency



In questions, we flip the subject and first verb

Auxiliary
Verb

Subject

Adverb of
Frequency

Verb

Does

she

always

dance?

Adverbs of Frequency



FA goes after the verb to be

Subject

Verb to be

Adverb of
Frequency

Adjective

You

are

never

happy

Review



Adverbs of Frequency

Rule	Structure	Example
Before the main verb	subject + FA + verb	<i>I always dance</i>
Definite adverb of frequency	FA + subject + verb subject + verb + FA	<i>Three times a week, I dance</i> <i>I dance three times a week</i>
With an auxiliary verb	subject + auxiliary + FA + verb	<i>I am always dancing</i> <i>I don't usually dance</i>
Questions	verb + subject + FA + extra	<i>Do you always smoke?</i> <i>Are you always smoking?</i>
Verb to be	subject + verb to be + FA + verb	<i>You are usually happy</i>



Practice 1

Put the sentences in the correct order

Adverbs of Frequency

she

usually

goes

to the shops

Adverbs of Frequency

she

usually

goes

to the shops

Adverbs of Frequency

she

always

singing

is

Adverbs of Frequency

she

is

always

singing

Adverbs of Frequency

watch

we

never

TV

Adverbs of Frequency

we

never

watch

TV

Adverbs of Frequency

walk

every

morning

we

Adverbs of Frequency

we

walk

every

morning

Adverbs of Frequency

always

they

working

are

Adverbs of Frequency

they

are

always

working

Adverbs of Frequency

Christmas

we

celebrate

seldom

Adverbs of Frequency

we

seldom

celebrate

Christmas

Adverbs of Frequency

go

don't

we

to the
cinema

often

Adverbs of Frequency

we

don't

often

go

to the
cinema

Adverbs of Frequency

we

aren't

in the house

normally

Adverbs of Frequency

we

aren't

normally

in the house

Adverbs of Frequency

photos

take

they

regularly

don't

Adverbs of Frequency

they

don't

regularly

take

photos



Practice 2

Conversation time!



Adverbs of Frequency

Rule	Structure	Example
Before the main verb	subject + FA + verb	<i>I always dance</i>
Definite adverb of frequency	FA + subject + verb subject + verb + FA	<i>Three times a week, I dance</i> <i>I dance three times a week</i>
With an auxiliary verb	subject + auxiliary + FA + verb	<i>I am always dancing</i> <i>I don't usually dance</i>
Questions	verb + subject + FA + extra	<i>Do you always smoke?</i> <i>Are you always smoking?</i>
Verb to be	subject + verb to be + FA + verb	<i>You are usually happy</i>

Adverbs of Frequency

- 1) How often do you do exercise?
- 2) How often do you study English?
- 3) How often do you brush your teeth?
- 4) How often do you eat chocolate?
- 5) How often do you have breakfast?
- 6) How often do you write emails?
- 7) How often do you drive?
- 8) How often do you go to the doctor's?
- 9) How often do you go to the supermarket?
- 10) How often do you read a book?

Adverbs of Frequency

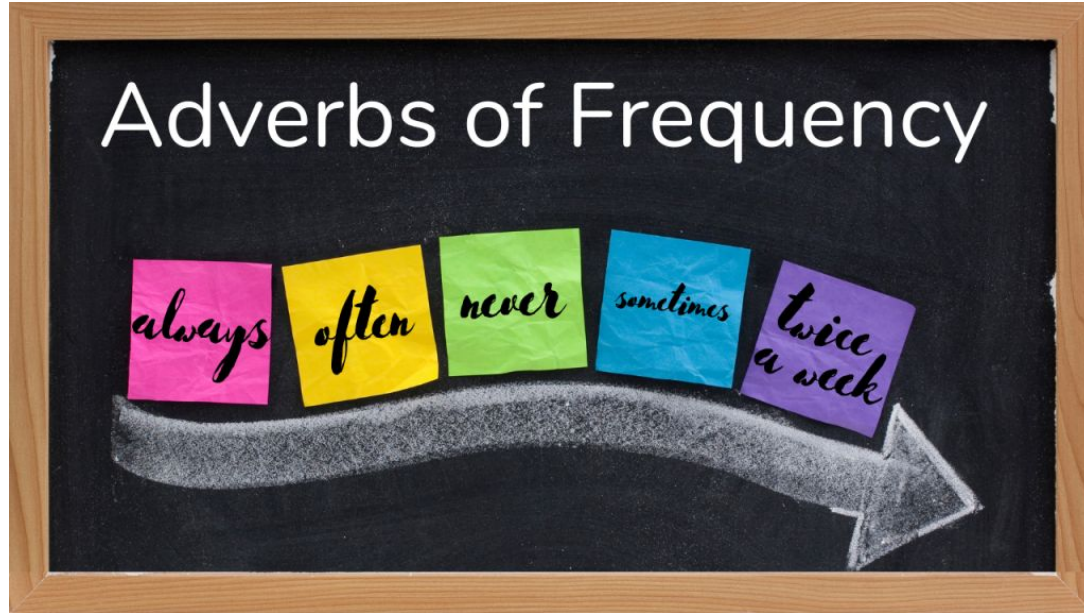
- 1) How often do you read the news?
- 2) How often do you drink water?
- 3) How often do you have coffee?
- 4) How often do you sleep?
- 5) How often do you go for a walk?
- 6) How often do you play a musical instrument?
- 7) How often do you use the Internet?
- 8) How often do you clean your house?
- 9) How often do you take photos?
- 10) How often do you party?



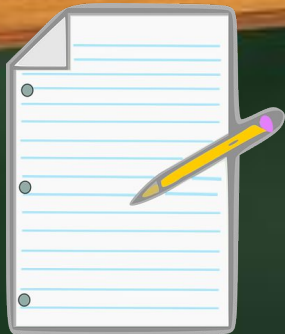
TO LEARN
ADVERBS OF
FREQUENCY



REVIEW



Adverbs of Frequency



HOMEWORK

RESPOND TO THE FORUM

Link:

<https://virtually-fluent.com/groups/adverbs-of-frequency/forum/topic/learning-english/>