



GERMÁN IDROVO

MANAGERIAL TRAINEE IN SUPPLY CHAIN - MATERIAL PLANNER

I wake up at 7am then I get dressed with a shirt, trousers and smart shoes. I wash my face and brush my teeth in the bathroom, and I leave the house and walk to the bus stop. When I am on the bus to work, I eat my breakfast. My bus journey is around 1.5 hours and I need to take two different buses. I work in the supply chain of a big company and I work 8 hours per day. When I arrive at 9am, I prepare all my files to do my job for the day. Most of my job is on a computer. Between 9am and 12pm I have lots of meetings with my team and my suppliers then from 12pm to 12.30pm I go to the cafeteria to have my lunch break. At 1pm I have the most important meeting of my day with all my area then from 2pm to 5pm I continue working. After work, I go to the company gym where I do exercise for 90 minutes and then I commute home. I arrive at home at around 8pm where I have a shower and help my girlfriend cook dinner. We normally have dinner at around 8.45pm. Usually we watch a TV series or a film until 10pm, then I brush my teeth, put my pyjamas on and go to bed.



FLO WILKINSON

CLASSIFIED SALES EXECUTIVE

I set my alarm for 8am and then get up and wash my face and brush my teeth. I then get changed and do my makeup ready for my day at work and I leave the house at 8.30am otherwise I will be late. I walk to the tube station which takes just under 20 minutes and I get the northern line to Stockwell and change to the Victoria line to Oxford Circus. My commute usually takes 50 minutes. I then walk to my office from the tube station which takes 5 minutes and I sit down at my desk ready for the day at 9.30am. I usually eat my breakfast at 10am at work because I hate eating early in a morning. I have my lunch break from 1-2pm and I usually have soup or a salad. My working day finishes at 5.30pm and I make my way home. I then get changed out of my work clothes and put something more comfortable on and cook my dinner with whatever I have in the fridge and then I usually watch TV with my housemates or FaceTime my boyfriend. I get ready for bed and go to sleep between 10.30pm and 11pm ready for the next day.



CHARLES DUNN

STUDENT OF PHILOSOPHY, POLITICS AND ECONOMICS

My alarm is set for 7:45am, when I wake up, I brush my teeth and take a shower. I get changed and prepare breakfast for 8:15am. When I have finished my breakfast I prepare my bag for my first lecture of the day. I leave my house at 8:30am and cycle to the university campus, this journey usually takes me fifteen minutes. My first lecture starts at 9:00am, I usually arrive with some time to spare before the lecture has started, this gives me time to open my textbooks and find the relevant course material on my laptop. The lecture lasts until 11:00am. After the lecture I make my way to the library. I study for a couple of hours and then I eat my lunch at around 1pm. I may study for a few more hours but I try and go to the gym at 3pm in the afternoon. After working out for one hour, I make my way home. The evening varies day to day, most likely I spend time with my housemates, and we eat dinner together from any time between 6-8pm. After dinner we go to the university bar which is on campus. If we go to the university bar, we tend to return home at 10pm. I get ready to go to sleep by brushing my teeth and I am in my bed at 10:30pm. I spend three quarters of an hour reading before I go to sleep. I switch my lights off at around 11:15pm.