



# Illnesses and Treatments

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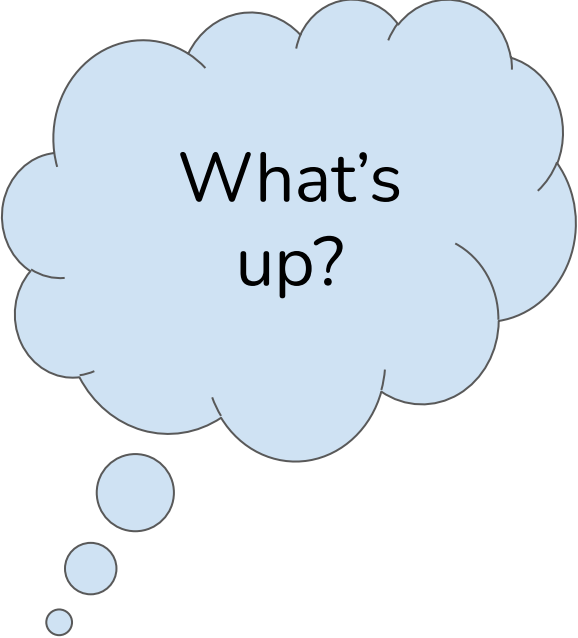
Can you think of a different way to ask  
the question

How are you?

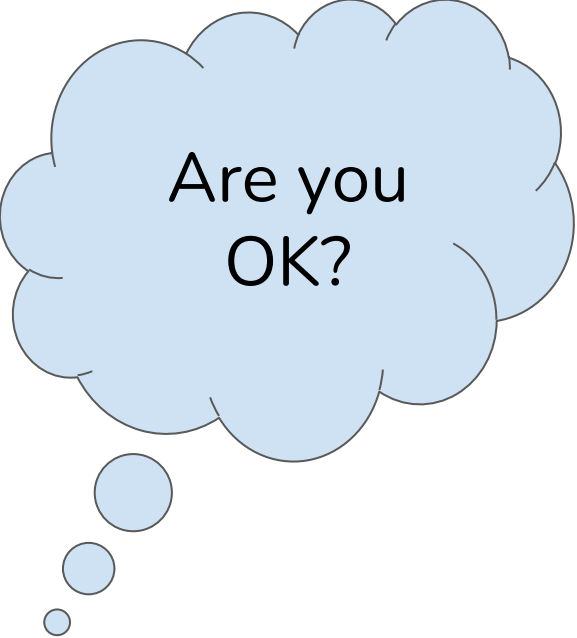
# Illnesses and Treatments



How are  
you doing?

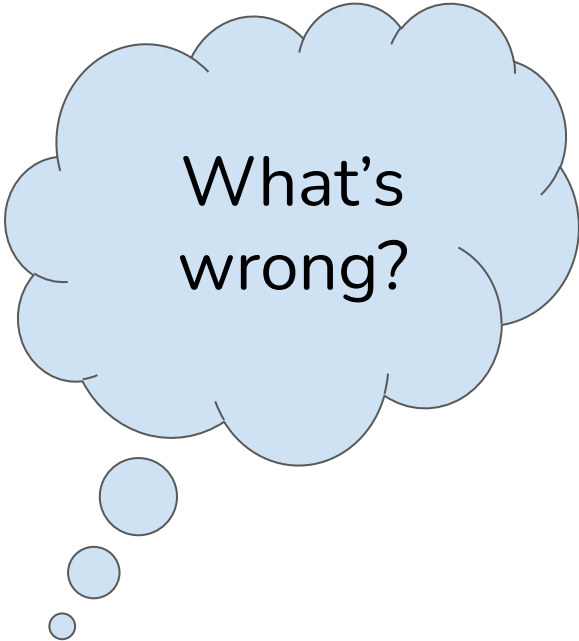


What's  
up?



Are you  
OK?

# Illnesses and Treatments



What's  
wrong?



What's the  
matter?

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How can we respond to this question?

How are you?

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I'm good

I'm well

I'm sick

I'm ill

I'm under  
the weather

I'm hot

I'm cold

I'm tired

# Illnesses and Treatments

If you are sick, where do you go?

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doctor's



# Illnesses and Treatments

dentist



# Illnesses and Treatments

hospital



# Illnesses and Treatments

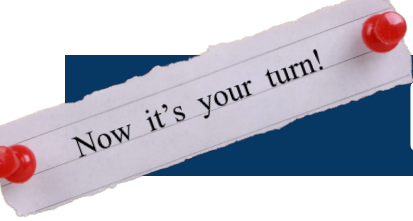


chemist's



pharmacy





# Illnesses and Treatments

- 1) Have you ever visited the doctor's before?
- 2) When is the last time you went to the dentists?
- 3) Are you scared of the dentist?
- 4) Have you ever been to the hospital?
- 5) Is there a chemist's close to your house?

# Illnesses and Treatments

What's the matter?

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# Illnesses and Treatments



to have a  
cough

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to have a  
cold

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to have  
the flu

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# Illnesses and Treatments



to have  
stomach  
ache

# Illnesses and Treatments

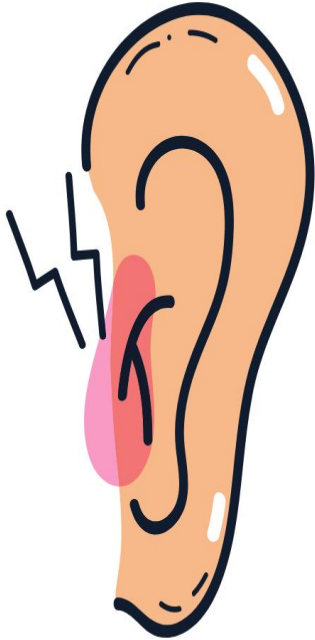


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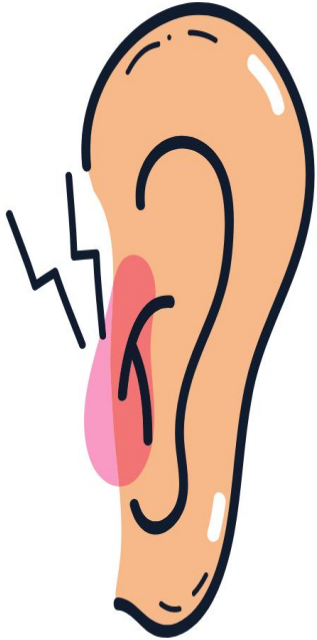


to have  
toothache

# Illnesses and Treatments



# Illnesses and Treatments



to have  
earache

# Illnesses and Treatments



# Illnesses and Treatments



to have a  
headache

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to have a  
fever

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to have a  
temperature

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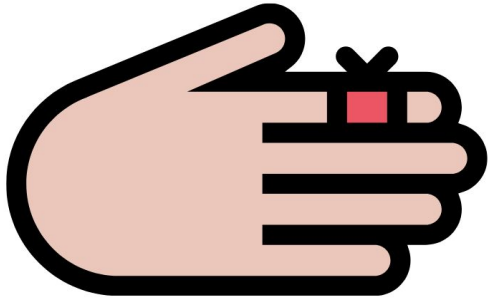
to hurt one's  
leg

# Illnesses and Treatments



to hurt one's  
arm

# Illnesses and Treatments



# Illnesses and Treatments



to cut one's  
finger

# Illnesses and Treatments



# Illnesses and Treatments



to fall over

# Practice 1



# Illnesses and Treatments

Listen to Katy and Peter talking about typical illnesses and their treatments. Match the illnesses to the treatments.

# Illnesses and Treatments

To have a cold

To have a cough

To have stomach ache

To have toothache

To have a temperature

To hurt one's arm

A Drink hot water with honey and lemon/don't talk

B Sleeping, drink water, take medicine

C Go to the dentist, eat healthily, brush your teeth

D Use a plaster/bandage, go to hospital for an X-ray

E Rest in a bed, use an ice-pack

F Take painkillers, get rest

# Illnesses and Treatments

To have a cold

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# Illnesses and Treatments

## Transcript

[https://docs.google.com/document/d/1ka72JZZSzZ61CgOclEWkQVaxfrYsy2BnP\\_LcaUDlA8Cw/edit?usp=sharing](https://docs.google.com/document/d/1ka72JZZSzZ61CgOclEWkQVaxfrYsy2BnP_LcaUDlA8Cw/edit?usp=sharing)

# Illnesses and Treatments

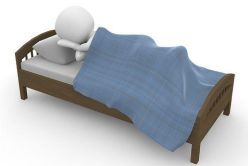
To solve an illness in English, we provide **treatments**, **medicines** or **remedies**.

# Illnesses and Treatments

What should you do when you have a cold?

So there's no cure for a cold. I recommend sleeping in bed to feel stronger, drink lots of water and sometimes there is some medicine that helps you breathe better or not feel so bad.

To sleep in bed



To drink lots of water



**To breathe:** The action of taking air into your body

# Illnesses and Treatments

What should you do when you have a cough?

A cough is a little bit different. It's very difficult to do, but try not to cough if you can.

Sometimes a drink of hot water with some honey and lemon can help your throat.

You can also have strepsils and try not to talk.

Hot water with some honey and lemon



**Throat:** The part of your body inside your neck



**Strepsils:** Big tablets to suck when your throat is sore

# Illnesses and Treatments

What should you do when you have stomach ache?

For any kind of ache, like stomach ache, earache, a headache, you can **take some painkillers** to reduce the pain and then **get some rest**. For stomach ache try not to eat a lot of food, maybe lie down in bed, drink lots of water. You can buy some special medication at the local chemist's. But I think resting in bed solves most problems.

**To take some painkillers:**

Painkillers are tablets that reduce your feeling of pain



**Get some rest:** To lie down in bed and sleep (no work, no stress)

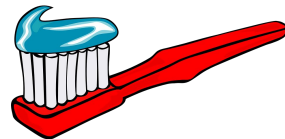
# Illnesses and Treatments

What should you do when you have toothache?

The dentist is definitely the best person to talk to if you have toothache. But if you eat healthily and brush your teeth, this will help avoid toothache!

**To eat healthily:** To have good food (such as fruit and vegetables) and not bad foods (chocolate and sweets)

**To brush your teeth:** To use a toothbrush to clean your teeth



# Illnesses and Treatments

What should you do when you have a temperature?

Definitely rest in bed and try to **cool yourself down** by drinking lots of water, **use an ice-pack** on your head or the back of your neck. But mostly rest and the temperature should come down.

**To cool yourself down:** To reduce your temperature and make yourself cold

**To use an ice-pack:** A block of ice that you place on your body



# Illnesses and Treatments

What should you do if you fall over and hurt your arm or leg?

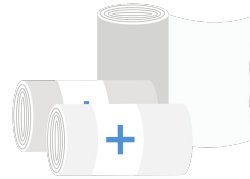
It depends how serious it is. If it's sprained, you can hold it high in the air with no pressure on it, if you cut it, you can put a plaster or a bandage on it, but if it's very sore, it might be broken so you'll need to go to the hospital to get an x-ray. But it depends on how serious the injury is.

**Sprained:** A ligament is stretched

**Plaster**



**Bandage**



**It is sore:** Another expression for “in pain”

**Broken:** A bone is in two pieces

**X-ray:** An electromagnetic scan of your body

# REVIEW

Today, we have ...

- Learnt how to talk about illnesses and treatments

Course:

<https://virtually-fluent.com/courses/illnesses-and-treatments/>



# HOMEWORK

Correct the sentences

<https://docs.google.com/document/d/1JfBdfBO5p2aLs73vRPYnDELY1pq2oLG0Lhp6irF7hmU/edit?usp=sharing>



# HOMEWORK

Find an interesting news story that you will present next week.

- 1) Write a summary of your story in the forum [\(https://virtually-fluent.com/groups/a1-2-academy-spring-2021/forum/topic/my-news-story-conversation-class/\)](https://virtually-fluent.com/groups/a1-2-academy-spring-2021/forum/topic/my-news-story-conversation-class/)
- 2) Present in class (speaking for 5 minutes)
- 3) Prepare 3 questions to ask your classmates about their story