



## Adverbs of Frequency

# Adverbs of Frequency

What is an adverb of frequency?

# Adverbs of Frequency

0%

100%



# Adverbs of Frequency

0%

100%



never

0%

# Adverbs of Frequency

0%

100%

rarely

5%

# Adverbs of Frequency

0%

100%



A horizontal scale from 0% to 100% is shown. A purple box containing the word 'seldom' is positioned below the scale. A purple arrow points upwards from the box to the scale line, indicating its position at 10%.

seldom

10%

# Adverbs of Frequency

0%

100%



A horizontal dark blue line represents a frequency scale from 0% to 100%. A purple box containing the word 'occasionally' is positioned below the line. A purple arrow points upwards from the box to the line, indicating its position at 30%.

occasionally

30%

# Adverbs of Frequency

0%

100%



A horizontal dark blue line represents a frequency scale from 0% to 100%. A purple arrow points upwards from a pink box containing the word 'sometimes' to the midpoint of the line. Below the line, the text '50%' is centered.

sometimes

50%

# Adverbs of Frequency

0%

100%

70%

often

frequently

# Adverbs of Frequency

0%

100%

80%

normally

generally

# Adverbs of Frequency

0%

100%

usually

90%

# Adverbs of Frequency

0%

100%



always

# Adverbs of Frequency

1. I always have a shower in the morning
2. Sometimes, I read a book
3. I never go to school at 8pm
4. He seldom visits me

# Adverbs of Frequency

We can use the word “every” to talk about a regular event at the same time.

## EVERY + TIME PERIOD

Every day

Every week

Every year

# Adverbs of Frequency

Or we can express a specific number of times that we do something.

QUANTITY + A + TIME PERIOD

# Adverbs of Frequency

QUANTITY + A + TIME PERIOD

Once a week

Twice a day

Three times a year

# Adverbs of Frequency

We are going to learn 5 rules for the position of adverbs of frequency

# Adverbs of Frequency



FA goes before the main verb

Subject

Adverb of  
Frequency

Verb

I

always

dance

# Adverbs of Frequency

2 Definite FA goes at the beginning or end

Subject

Verb

Definite  
Adverb of  
Frequency

I

dance

daily

# Adverbs of Frequency

## Definite Frequency Adverbs

*Daily/ weekly/ monthly*

*Every year*

*Every 10 minutes*

*Three times a year*

# Adverbs of Frequency



FA goes in between the auxiliary verb and main verb

Subject

Auxiliary  
Verb

Adverb of  
Frequency

Verb

I

don't

always

dance

# Adverbs of Frequency



In questions, we flip the subject and first verb

Auxiliary  
Verb

Subject

Adverb of  
Frequency

Verb

Does

she

usually

dance?

# Adverbs of Frequency



FA goes after the verb to be

Subject

Verb to be

Adverb of  
Frequency

Verb

You

are

usually

happy

# Review



# Adverbs of Frequency

Rule	Structure	Example
<b>Before the main verb</b>	subject + FA + verb	<i>I always dance</i>
<b>Definite adverb of frequency</b>	FA + subject + verb subject + verb + FA	<i>Three times a week, I dance</i> <i>I dance three times a week</i>
<b>With an auxiliary verb</b>	subject + auxiliary + FA + verb	<i>I am always dancing</i> <i>I don't usually dance</i>
<b>Questions</b>	verb + subject + FA + extra	<i>Do you always smoke?</i> <i>Are you always smoking?</i>
<b>Verb to be</b>	subject + verb to be + FA + verb	<i>You are usually happy</i>

# Practice 1





# Adverbs of Frequency

Put the sentences in the correct order

Now it's your turn!

# Adverbs of Frequency

she

usually

goes

to the shops



# Adverbs of Frequency

she

usually

goes

to the shops

Now it's your turn!

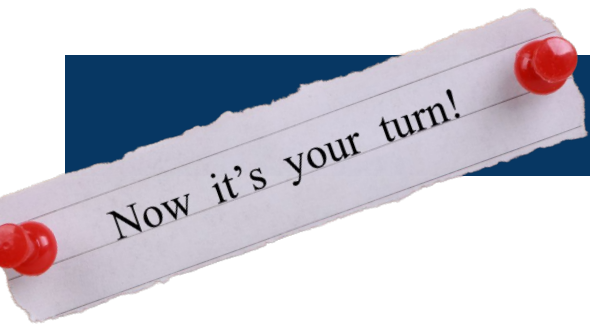
# Adverbs of Frequency

she

always

singing

is



# Adverbs of Frequency

she

is

always

singing

# Adverbs of Frequency

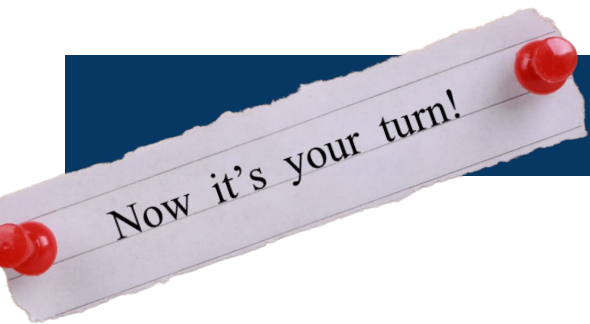
Now it's your turn!

watch

we

never

TV



# Adverbs of Frequency

we

never

watch

TV

Now it's your turn!

# Adverbs of Frequency

walk

every

morning

we

Now it's your turn!

# Adverbs of Frequency

we

walk

every

morning

Now it's your turn!


# Adverbs of Frequency

always

they

working

are



Now it's your turn!

# Adverbs of Frequency

they

are

always

working

Now it's your turn!

# Adverbs of Frequency

Christmas

we

celebrate

seldom



# Adverbs of Frequency

we

seldom

celebrate

Christmas

Now it's your turn!

# Adverbs of Frequency

go

don't

we

to the  
cinema

often



# Adverbs of Frequency

we

don't

often

go

to the  
cinema



# Adverbs of Frequency

aren't

we

in the house

normally



# Adverbs of Frequency

we

aren't

normally

in the house

Now it's your turn!

# Adverbs of Frequency

photos

take

they

regularly

don't

Now it's your turn!

# Adverbs of Frequency

they

don't

regularly

take

photos

# Practice 2



# Adverbs of Frequency



Conversation time!



Now it's your turn!

# Adverbs of Frequency

- 1) How often do you do exercise?
- 2) How often do you study English?
- 3) How often do you brush your teeth?
- 4) How often do you eat chocolate?
- 5) How often do you have breakfast?
- 6) How often do you write emails?
- 7) How often do you drive?
- 8) How often do you go to the doctor's?
- 9) How often do you go to the supermarket?
- 10) How often do you read a book?



Now it's your turn!

# Adverbs of Frequency

- 1) How often do you read the news?
- 2) How often do you drink water?
- 3) How often do you have coffee?
- 4) How often do you sleep?
- 5) How often do you go for a walk?
- 6) How often do you play a musical instrument?
- 7) How often do you use the Internet?
- 8) How often do you clean your house?
- 9) How often do you take photos?
- 10) How often do you party?

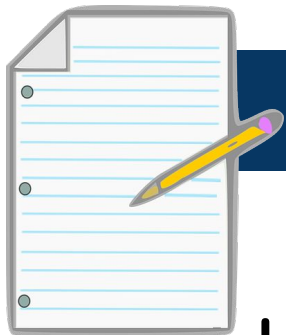
# REVIEW

Today, we have ...

- Learnt how to use adverbs of frequency in English

Course:

<https://virtually-fluent.com/courses/adverbs-of-frequency/>



# HOMEWORK

How regularly should we practise learning English? Write in our forum.

<https://virtually-fluent.com/groups/adverbs-of-frequency/forum/topic/learning-english/>