



## Present Perfect v Present Perfect Continuous

The present perfect connects the past time to the present whilst the present perfect continuous talks about long past and present events.

Present Perfect	Present Perfect Continuous
Past event impacts present <i>I've lost my wallet and I need it now</i>	Past event impacts present <i>It's been raining all morning and it's flooded my garden</i>
Recent past event <i>We've just arrived home</i> *Not very regularly	Recent past event <i>We've been swimming a lot recently</i> *Regularly
Change in state <i>I have improved my English</i> *Long-term events	Temporary situation <i>I've been watching the news a lot recently</i> *Temporary, short-term events
Unfinished duration of time <i>I haven't been to the cinema this year</i> *Assume the time is finished *Focus is the end result	Unfinished duration of time <i>I've been learning English for 10 years</i> *Assume the event isn't finished yet *Focus is on the time/duration
Stative verbs <i>I have known her for a long time</i>	
Life experience <i>I have visited France before</i>	