

Past Simple v Past Continuous Review

Past simple and past continuous tenses are used to express something in the past time.

Past Simple	Past Continuous
Single past event I went to Mexico last summer *A specific finished time	Before/after structure It was 7pm and I was having dinner *An approximate time
Series of past events I woke up, got dressed, had breakfast	2 actions I was cooking while he was watching TV
*Each action is finished before the next one	*Two events could be happening at the same time
Past duration I lived in Barcelona for 3 years	Long past action It was raining all morning
Repeated past event I drove to work every day	Setting the scene It was raining, the trees were blowing, the wind was howling
Changed state She was short as a child, but now she's tall *Past event compared to present	Change and growth They were growing up so quickly *Two past events compared
Stative verbs I wanted a puppy	Verb "to wonder" I was wondering if you'd like a coffee?

