



Please note that all phrases in this presentation are simply to help with English in a medical emergency and should not be used for any medical advice. Please contact a professional for medical advice if needed.



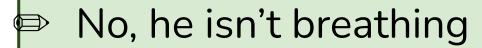
Breathing is the action of taking air into your lungs and exhaling it.



Is the patient breathing?







He can't breathe



To be conscious means you are awake and understand what is going on around you.





- Yes, he's conscious
- No, he's unconscious
- He's coming round (waking up)

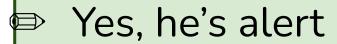


To be alert means you are awake and can respond quickly and accurately.



Is the patient alert?







Yes, he's alert No, he's a bit drowsy





Can the patient speak?

Can the patient walk?



Yes, she can speak - no she can't speak

Yes, she can walk - no she can't walk





Additional questions you might hear ...

- Tell me exactly what happened?
- What's happening now?
- Are you with the patient right now?
- Are you alone?
- Is anyone helping?
- Is someone giving first aid?
- Is anyone giving CPR?





It doesn't matter if you don't know the exact age, you can guess



- How old is she?
- She's young/old
- She's a child/teenager/middle-aged
- She looks like she's in her (early 20s, late 30s)
- She's about ...



- What's the reason for your call?
- What's wrong with the patient?
- Why are you calling?
- What is the emergency?
- What is the condition of the patient?
- What happened?





She's having an allergic reaction





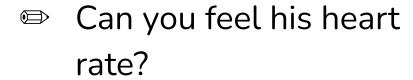
- Do you have an Epipen?
- What did she eat?
- What is she allergic to?



He has chest pains He's having a heart attack







Don't move him!

Do you have some aspirin?



Her hand is bleeding





- Wash the hand in cold water
- Put pressure on the wound
- Apply a clean cloth
- Has the bleedingstopped?

He burnt his hand





- Put his hand under cold running water
- Please remove clothing in the area
- Can you put some cling film over the burn?





He's broken his ankle



- Is it bruised? (black/blue)
- Is it swollen? (big)
- Does it hurt when you put weight on it?
- Can you move it?
- Please raise your ankle
- Put something cold on it





She's choking



- ⇒ Firmly hit her on the back
- Can you do some abdominal thrusts/back blows?
- Please begin CPR



He's dislocated his shoulder





- Can you move your arm?
- Please don't pop it back in
 - Can you make a sling? 🧨



She's unconscious





- Please put her in the recovery position
- Move her onto her side
- Can you feel a pulse?
- Is she breathing?



She's gone into labour





- How far along is she?
- Have her waters broken?
- How often are contractions?
- Please keep her calm
- Keep breathing



He's drowning





- Lie him on his back
- Gently tilt his chin/head backwards
- Pinch his nose and breathe into his mouth

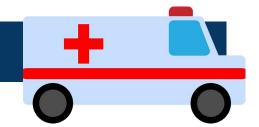


What happened?

- A dog bit her
- A car hit her
- She fell off her bike / some ladders
- She fell over
- She was cutting something
- She was cooking with oil



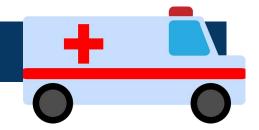




<u>Paramedics</u>

- l'm a paramedic
- We're here with an ambulance
- Please step away/ stand to the side
- How long has she been like this?
- What did you do before we arrived?

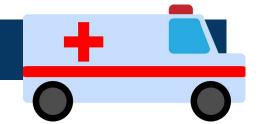




Paramedics

- We're giving you some oxygen / gas & air
- Please put this oxygen mask on
- We're putting you on a stretcher
- Can you get into this wheelchair for me?
- Please calm down
- I need you to breathe
- Please follow me





<u>Paramedics</u>

- We're going in the ambulance
- Are you joining us in the ambulance?
- We're going to the closest hospital
- It'll take us a few minutes to get to the hospital

