



LEARN SPORTS AND OLYMPICS VOCABULARY



The Olympics

The Olympics

Watch the video below to learn about the history of the Olympics.



The Olympics

There are around 40 sports in the summer Olympics. Can you name them?

The Olympics



The Olympics



The Olympics



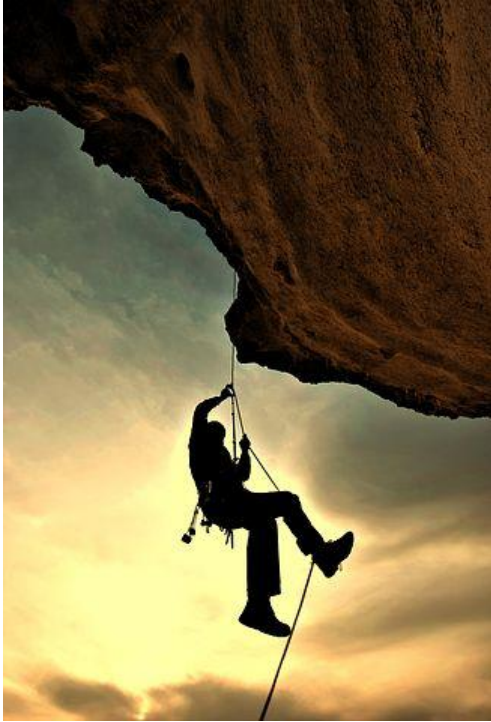
The Olympics



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There are around 10 sports in the winter Olympics. Can you name them?

The Olympics



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The Olympics

The Olympic Games, shortened to *The Olympics*, is one of the most popular global sporting **events** that takes place every two years alternating between the summer and winter sports. Years in advance, a **host city** is selected and preparations get underway. Normally, a big olympic **stadium** is required as well as specialised buildings or areas for events such as swimming (which requires a pool), rowing and canoeing (which require open water) and karate, judo and taekwondo (which require matted floor and a ring).

The Olympics

Athletes prepare for the Olympics for years, training their bodies and timing their career so they are in peak condition during the event. In many countries, there is a rigorous build up to the Olympics with **coaches** selecting only the best athletes to represent their country and win their **competitions**.

The Olympics

There is always an excitement across social media when the final athletes are selected and presented in the brand new **team kit**. Despite each sport being very different, athletes try to win **medals** for their country, placing them higher on the medal table. **Winners** earn a **gold** medal, **runners-up** earn a **silver** medal and third-place receives a **bronze** medal.

The Olympics

The Olympics are full of traditions. The most important is the Olympic **flame**, which represents the continuation from the ancient to the modern olympic games. A few months before each Olympic games, there is a ceremony to light the flame at Olympia in Greece.

The Olympics

This is then passed on to the olympic **torch**, which is carried by numerous people around the world and should arrive at the host city during the opening games. The most important events during The Olympic Games are the opening and closing ceremonies. All the athletes are introduced to the world with the **flags** of each country flying high.

The Olympics

The Olympics are a joyous occasion where people around the world, despite their differences, come together to support their athletes. Having said this, there have been a few occasions with controversy, mostly surrounding **drug testing** and human rights in the host country. A few times this has even led to a **boycott** of the games.

I'm an athlete and I'm currently preparing for the Olympics. I need to **work out** every single day! My sport is running on the track. Before I start my exercise each day, I must remember to **warm up** so I don't damage my body.

Being a professional athlete is a difficult job. Sometimes you just want to **give up**! Luckily my coach and family are always there to **cheer** me **on**. When I run in my competitions, it is always for them. I never want to **let** them **down**. My sport is tough in competitions because there are numerous rounds and athletes are **knocked out** in each round. Competitions can be very long and tiring events.

After a long day of training, I always must remember to **cool down** and stretch my body.

Phrasal Verbs for The Olympics

to work out

intransitive

to do exercise

I work out every day

Phrasal Verbs for The Olympics

to warm up

intransitive / transitive - separable

to stretch and prepare the body for exercise

It's very important to warm up before each match

Phrasal Verbs for The Olympics

to give up

intransitive / transitive - separable

to stop because something is too difficult

I really don't want to give up!

Phrasal Verbs for The Olympics

to cheer on

transitive - separable

to support

My family always cheer me on.

Phrasal Verbs for The Olympics

to let down

transitive - separable

to disappoint

You will never let me down, I promise.

Phrasal Verbs for The Olympics

to knock out

transitive - separable

to beat

Luckily, I knocked my opponent out!

Phrasal Verbs for The Olympics

to cool down

intransitive / transitive - separable

to stretch the body to relax after exercise

We need to cool our bodies down now.

The Olympics

- 1) Are you a fan of the Olympics? Do you watch it?
- 2) Which sports is your country good at?
- 3) Do you watch the opening and closing ceremonies of the Olympics?
- 4) Do you think more sports should be included in the Olympics?
- 5) What is your favourite sport at the Olympics? Why?
- 6) What is your least favourite sport at the Olympics? Why?
- 7) Have you ever visited an olympic stadium before?
- 8) Has your country hosted the Olympics before? When?
- 9) How many Olympic sports can you name off-by-heart?
- 10) Do you prefer the summer or the winter Olympics? Why?

The only medal that
matters is gold



There are too many sports
at the Olympics



There is corruption when
choosing the host city



The Olympics promotes
enhancing drugs



It's taking part that counts



Building an Olympic stadium
is a waste of money



The Olympics is too
commercialised



It's expensive to host the
Olympic Games



Sports with animals (such as horse-riding) should be banned



The Olympics are unfair on less wealthy countries





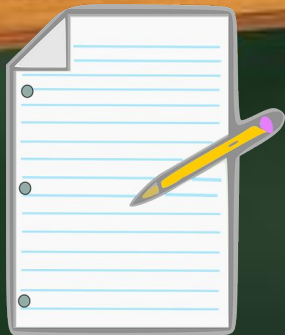
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REVIEW



The Olympics Course

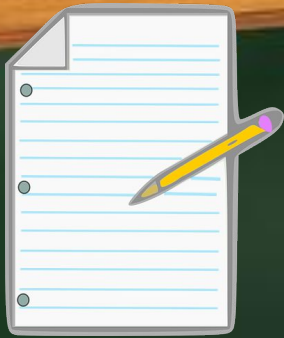


HOMEWORK

COMPLETE THE OLYMPICS QUIZ

Link:

<https://virtually-fluent.com/quizzes/the-modern-olympic-games-reading-quiz/>



HOMEWORK

RESPOND TO THE FORUM

Link:

<https://virtually-fluent.com/topic/the-olympi-cs-forum/>