



Past Continuous Tense Interactive Worksheet

In order to complete this worksheet, you should watch the grammar video about the past continuous tense in English. You should complete this worksheet at the same time as watching the video.

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EXERCISE A

Complete the table below. In column 1, you should write the situation when the past continuous tense can be used. In column 2, you should draw a timeline and in column 3, you should write an example sentence to demonstrate this use. The first situation has been given.

Situation	Timeline	Example Sentence
Long action	<p>A horizontal timeline with a blue line. Above the line, the word 'MORNING' is written. Below the line, there are three stars. The first star is labeled 'started raining' with a vertical line pointing to it. The second star is labeled 'finished raining' with a vertical line pointing to it. The third star is labeled 'NOW' with a vertical line pointing to it. A red wavy line connects the first and second stars, indicating a continuous action.</p>	It was raining all morning

Situation	Timeline	Example Sentence

EXERCISE B

There are 3 parts required to form the past continuous tense in the affirmative.
Write these parts in the correct boxes below.

PART 1

PART 2

PART 3

EXERCISE C

Fill in the table below showing the verb “to read” in the affirmative of the past continuous tense. In column 1, you can see the subject. In column 2, you should write the full form of the past continuous.

TO READ	Past Continuous
I	
You	
He/She/It	
We	
They	

EXERCISE D

There are 3 parts required to form the past continuous tense in the negative. Write these parts in the correct boxes below.

PART 1

PART 2

PART 3

EXERCISE E

Fill in the table below showing the verb “to read” in the negative of the past continuous tense. In column 1, you can see the subject. In column 2, you should write the full form of the past continuous. In column 3, you should write the contracted form of the past continuous.

TO READ	Full Form	Contracted Form
I		
You		
He/She/It		
We		
They		

EXERCISE F

There are 2 question forms in the past continuous tense. What are these?

a) _____

b) _____

EXERCISE G

If I ask the question “were you watching the TV?” there are two possible ways to respond. Fill in the gaps below to show the possible responses.

Yes	Subject	Verb To Be
	I	
	you	
	he/she/It	
	we	
	they	

No	Subject	Verb To Be
	I	
	you	
	he/she/It	
	we	
	they	