



Present Simple v Present Continuous Keywords

Present Tense Use

Keywords are small words that add extra information to our phrases to make them more exciting. In the present tense, it is most adverbs of frequency that are used.

Present Tense Use

| Present Simple | Present Continuous |
|---|--|
| Always Normally Usually In the summer / winter Every day / year / month | Always Normally Usually Constantly Forever Still Now / even now This month / season / year At this time / moment Any longer / no longer / no more |

Present Tense Use

As you can see, some keywords can be used in both tenses, but be careful with their meaning.

Present Tense Use

Take this example in the present simple tense

He always has a shower



Present Tense Use

This has a positive meaning, it is a good and healthy thing that he has a shower.

He always has a shower



Present Tense Use

But now take this example in the present continuous tense

He is always having a shower



Present Tense Use

Now this has a negative feeling. He uses all the hot water, he takes up the bathroom.

He is always having a shower

