



Medicine Transcript Review

In this presentation, we'll review the transcript from the previous activity so you understand all the treatments.

To solve an illness in English, we provide **treatments, medicines** or **remedies**.

What should you do when
you have a cold?

So there's no cure for a cold. I
recommend sleeping in bed
to feel stronger, drink lots of
water and sometimes there is
some medicine that helps you
breathe better or not feel so
bad.

To sleep in bed



To drink lots of water



To breathe: The action of
taking air into your body

What should you do when
you have a cough?

A cough is a little bit different.
It's very difficult to do, but try
not to cough if you can.

Sometimes a drink of hot
water with some honey and
lemon can help your throat.

You can also have strepsils
and try not to talk.

Hot water with some honey
and lemon



Throat: The part of your
body inside your



Strepsils: Big tablets to suck
when your throat is sore

What should you do when you have stomach ache?

For any kind of ache, like stomach ache, earache, a headache, you can **take some painkillers** to reduce the pain and then **get some rest**. For stomach ache try not to eat a lot of food, maybe lie down in bed, drink lots of water. You can buy some special medication at the local chemist's. But I think resting in bed solves most problems.

To take some painkillers:

Painkillers are tablets that reduce your feeling of pain



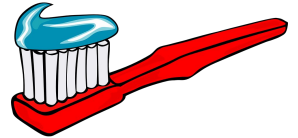
Get some rest: To lie down in bed and sleep (no work, no stress)

What should you do when you have toothache?

The dentist is definitely the best person to talk to if you have toothache. But if you eat healthily and brush your teeth, this will help avoid toothache!

To eat healthily: To have good food (such as fruit and vegetables) and not bad foods (chocolate and sweets)

To brush your teeth: To use a toothbrush to clean your teeth



What should you do when you have a temperature?

Definitely rest in bed and try to **cool yourself down** by drinking lots of water, **use an ice-pack** on your head or the back of your neck. But mostly rest and the temperature should come down.

To cool yourself down: To reduce your temperature and make yourself cold

To use an ice-pack: A block of ice that you place on your body



What should you do if you fall over and hurt your arm or leg?

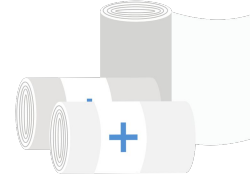
It depends how serious it is. If it's **sprained**, you can hold it high in the air with no pressure on it, if you cut it, you can put a **plaster** or a **bandage** on it, but if **it's very sore**, it might be **broken** so you'll need to go to the hospital to get an **x-ray**. But it depends on how serious the injury is.

Sprained: A ligament is stretched

Plaster



Bandage



It is sore: Another expression for “in pain”

Broken: A bone is in two pieces

X-ray: An electromagnetic scan of your body