Food and Drink Transcript

Hannah   Hello everyone! I am Hannah, an English teacher at Virtually Fluent. Today I have brought my partner along with me who is going to ask me some questions about food and drink. So, listen out for all that food and drink vocabulary. So, let's get started, what's the first question?

Germán   Hi Hannah, first how are you?

Hannah   I'm very good thank you!

Germán   Today we're going to talk about food, yeah?

Hannah   Yes!

Germán   So, the first question is what is your favourite food?

Hannah   OK, good question! I don't think I have a favourite food. I do like pizza, I like burger and chips, I like a lot of pasta, spaghetti with tomato sauce, a little bit of cheese on the top. I probably also like chicken with rice, with garlic and olive oil and some herbs and lemons, really tasty that meal but I don't have one particular favourite food. Lots of foods!

Germán   Yeah I can see that! OK, second question, is there any food you don't like?

Hannah   Yes, I do not eat fish. I don't like the taste of any fish or any seafood and I also don't like coconuts, very random, but I don't like the taste of coconuts.

Germán Why you don't like coconuts?

Hannah I have no idea! There's something about the flavour but I do actually like coconut milk. I like coconut milk,in curries for example. OK, but not coconuts, no.

Germán OK. This is a controversial question. Are you a vegetarian or you also like meat?

Hannah No, I do like meat, I have all sorts of meat and poultry, chicken, steak, meatballs with spaghetti, sausages, any type of meat, I will eat anything. Probably not too good for the planet, but I'm not a vegetarian, no.

Germán OK, me neither, then let's go to the food that you have during the day.

Hannah OK

Germán So, what do you usually have for breakfast?

Hannah So, I'm a bit of a creature of habit. I have the same thing for breakfast every morning, quite healthy - fruit salad with yoghurt on the top, lots of different fruits with yoghurt.

Germán What kind of fruits do you have in your fruit salad?

Hannah It's different every single day, it depends which fruit I have in the fridge. For example, bananas, strawberries, pineapple, pear, peach, orange, kiwi, grapes, the list goes on. It could be any kind of fruit really with yoghurts.

Germán I guess that's why you have this much energy. So, going to the middle of the day. What do you usually have for lunch?

Hannah So lunch is different most days. In the winter, I'll tend to have soup, something like tomato soup or chicken soup. In the summer, something a little bit lighter like chicken salad, or chicken and rice, and sometimes, especially if I don't have any time, just a sandwich with

wholemeal bread. I'm quite healthy with sandwiches. And the typical filling inside would be either egg and cress, which is quite a British filling or a cheese and ham sandwich.

Germán   Good! And for dinner?

Hannah   Again, dinner is different every single night. I have completely different recipes. It could be chicken or some sort of meat with potatoes or chips, not too good but very tasty, and some sort of vegetable (carrots, peas), sometimes beans, anything really for dinner, spaghetti, meatballs, pasta, meat, anything at all.

Germán   Yeah, you have a really balanced diet, that's good!

Hannah   I like to think so!

Germán   What about the sweet food? Do you like any sweet food?

Hannah   Yeah! I do like sweet food, not good for you but I do like sweet food. I actually really like baking, so I bake a lot of cakes, chocolate cakes or traditional British recipes like Victoria sponge cake. I also like chocolate, and some, not so much sweets or ice-cream, I know you like ice-cream a lot!

Germán   I like ice-cream, yeah!

Hannah   And jelly. But yeah, I like baking. I think my favourite sweet food is probably cake.

Germán   What about some snacks, do you have snacks during the day?

Hannah   Not so much, no! If I have crisps in the house, again not a healthy snack, then sometimes I'll have that but my job is quite busy. I don't have much time in between my lessons to run and have a snack. Sometimes we have grapes or a big watermelon that I'll cut up into pieces for a snack and that's tasty, a healthy snack for a change.

Germán   That's pretty healthy, yeah!

Hannah   But it's not that often.

Germán   Good! OK, we spoke about food, what about drink. Which is your favourite drink?

Hannah   Well, I'm typically British so my favourite has to be English breakfast tea, a cup of tea with milk. So that's probably my favourite drink.

Germán   I saw your video, preparing a British English tea, a really nice video! Any alcoholic drinks that you like?

Hannah   I do like a nice glass of wine sometimes, or a beer but I actually don't drink too much!

Germán   Good Hannah, so are there any drinks that you don't like?

Hannah   Yes, I don't like fizzy drinks at all, lemonade, coca cola, fanta, I don't know why, something with the fizziness I just don't like. I also don't like to drink coffee. I love the smell of coffee when it's in the house or at a café but I don't like the taste of it so I don't drink it. So probably just the classics for me- fruit juices, water and, of course, a cup of tea

Germán   Nice, in Ecuador, coffee is an absolute must in the breakfast.

Hannah   Yeah, I can imagine!

Germán   And one of my favourite drinks is also mango juice.

Hannah   OK, that's nice!

Germán   Good, thank you so much for your time. I hope you liked this interview, you can continue!

Hannah   I did like the interview. Wonderful! So, hopefully you've learned a little bit of vocabulary about food and drinks in English. We will review all of these in the next few activities in this course. Don't forget to subscribe to our YouTube channel and turn notifications on to see lots

more videos of using English in everyday situations, just like our interview today. You can also find me across all different social media platforms so be sure to follow us there. This is Hannah at Virtually Fluent, bringing English to lfe.