

## “Mamma Mia” Useful Phrases

Phrase	Definition	Example
To make up one's mind	To decide something	Please <b>make up your mind!</b> It's not difficult!
To lose control	To find it difficult to stop yourself from doing something.	When I see chocolate I have to eat it! <b>I lose control.</b>
Here I go again	Something will happen another time and you find it difficult to stop it.	Don't ask her any questions about politics. Oh dear! <b>Here we go again!</b>
My my	This is the English version of “mamma mia” to show surprise or exasperation. However, this is older English not normally used in modern-day life.	<b>My my!</b> That is an interesting dress.
To be blue	This means to be sad about something.	What's wrong? You're looking a bit <b>blue</b> today.
To let somebody go	In this song it means to end a relationship with somebody. However, this is also an informal expression to say that you make somebody lose their job.	I'm so sad <b>I let him go.</b> I want to be with him.
To be through	To end something.	I can't believe you cheated on me. <b>We're through!</b>