



Past Simple v Past Continuous Tense Interactive Worksheet

In order to complete this worksheet, you should watch the series of grammar videos about the past simple v past continuous tenses in English. You should complete this worksheet at the same time as watching the videos.

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Video: Past Simple v. Past Continuous Use

EXERCISE A: Complete the table below. In column 1, you can see the uses of the past simple tense. In column 2, you can see the uses of the past continuous tense. Underneath each use, write an example sentence that demonstrates this use.

Past Simple	Past Continuous
Once in the past E.g. _____	Before and after structure E.g. _____
Series of events E.g. _____	2 actions E.g. _____
Duration in the past E.g. _____	Long action E.g. _____
Repeated in the past E.g. _____	Setting the scene E.g. _____

Past Simple	Past Continuous
Changed state E.g. _____	Change and growth E.g. _____
Stative Verbs E.g. _____	Verb to wonder E.g. _____

EXERCISE B: What is the difference in meaning between these two sentences? Fill in the table with the correct information. In column 1, you can see a sentence. In column 2, you should draw a timeline to represent this sentence and in column 3, you should explain the meaning of this sentence.

Sentence	Timeline	Explanation
When I arrived, he did his homework.		
When I arrived, he was doing his homework.		

EXERCISE C: What is the difference in meaning between these two sentences? Fill in the table with the correct information. In column 1, you can see a sentence. In column 2, you should draw a timeline to represent this sentence and in column 3, you should explain the meaning of this sentence.

Sentence	Timeline	Explanation
At 8am, I left the house.		
At 8am, I was leaving the house.		

EXERCISE D: What is the difference in meaning between these two sentences? Fill in the table with the correct information. In column 1, you can see a sentence. In column 2, you should draw a timeline to represent this sentence and in column 3, you should explain the meaning of this sentence.

Sentence	Timeline	Explanation
They grew so quickly.		
They were growing so quickly.		



Video: Past Simple v Past Continuous Affirmative

EXERCISE A: Fill in the table below which describes the affirmative form of the past simple and past continuous tenses. In row 2, you should write the number of parts that this tense uses in the affirmative. In row 3, you should write the form of each tense in the affirmative. In row 4, you should write an example form using the verb **TO WALK**.

Category	Past Simple	Past Continuous
Number of parts		
Tense structure		
Conjugation of the verb "to walk"	I You He She It We they	I You He She It We they



Video: Past Simple v Past Continuous Negative

EXERCISE A: Fill in the table below which describes the negative form of the past simple and past continuous tenses. In row 2, you should write the number of parts that this tense uses in the negative. In row 3, you should write the form of each tense in the negative. In row 4, you should write an example form using the verb **TO WALK**.

Category	Past Simple	Past Continuous
Number of parts		
Tense structure		
Conjugation of the verb "to walk"	I You He She It We they	I You He She It We they



Video: Past Simple v Past Continuous Questions

EXERCISE A: There are 2 question forms in the past simple tense. You can see the acronyms below. What does each part of the acronym stand for? Write this in the spaces provided.



Qu: _____

Do: _____

Su: _____

I: _____

Do: _____

Su: _____

I: _____



EXERCISE B: There are 2 question forms in the past continuous tense. You can see the acronyms below. What does each part of the acronym stand for? Write this in the spaces provided.



Qu: _____
Wa: _____
Su: _____
P: _____

Wa: _____
Su: _____
P: _____





Video: Past Simple v Past Continuous Short Responses

EXERCISE A: If I ask the question “did you go?” there are two possible ways to respond. Fill in the gaps below to show the possible responses.

Yes	Subject	Verb To Do
	I	
	you	
	he/she/It	
	we	
	they	

No	Subject	Verb To Do
	I	
	you	
	he/she/It	
	we	
	they	

EXERCISE C: If I ask the question “was she shopping?” there are two possible ways to respond. Fill in the gaps below to show the possible responses.

Yes	Subject	Verb To Be
	I	
	you	
	he/she/It	
	we	
	they	

No	Subject	Verb To Be
	I	
	you	
	he/she/It	
	we	
	they	



Video: Past Simple v Past Continuous Common Mistakes

EXERCISE A: Below is a set of incorrect sentences. Identify the mistake and write this in the space provided, then rewrite this sentence correctly in the second space provided.

1) We were driving to school every day.

MISTAKE: _____

CORRECTION: _____

2) I was cooking when he was arriving.

MISTAKE: _____

CORRECTION: _____

CORRECTION: _____

3) I didn't swimming in the sea.

MISTAKE: _____

CORRECTION: _____

CORRECTION: _____