













Past Perfect Continuous Course Objectives

Tick off the objectives as you go through the course.

-  Understand the situations when the past perfect continuous is required ☐
-  Know how to form the present participle with any verb ☐
-  Use the past perfect continuous tense in the affirmative, negative, question and short response forms ☐
-  Identify keywords that are used in the past perfect continuous tense and use them correctly in a sentence ☐
-  Avoid common mistakes that learners make in the past perfect continuous tense ☐
-  Understand what a stative verb is and recognise the most common stative verbs in English ☐
-  Correctly pronounce any word ending in ING according to the pronunciation rules ☐
-  Understand the differences between slang ING and proper ING ☐
-  Correctly pronounce contractions using “had been” ☐
-  Use word stress and sentence stress to correctly pronounce past perfect continuous phrases ☐