# **Sally**

7:00 Wake up

7:30 Get up

7:45 Brush my teeth and hair

8:00 Go to work

9:00 Start work

12:00 Have lunch

13:00 Continue work

17:00 Leave work and travel home

18:00 Have dinner

19:00 Go to bed



### **Harry**

6:30 Get up

6:45 Do exercise

7:00 Have a shower

7:30 Have breakfast

8:00 Go to university

8:30 Study

13:00 Have lunch

14:00 Study

17:00 Do exercise

19:00 Travel home

20:00 Have dinner



# <u>Liz</u>

10:00 Wake up

10:30 Get up

11:00 Take my dog for a walk

11:30 Have breakfast

12:00 Watch TV

14:00 Have lunch

15:00 Go to work

16:00 Work

21:00 Leave work

22:00 Have dinner

22:30 Go to bed



#### <u>Joanne</u>

8:00 Wake up

8:10 Feed my cat

8:15 Put my makeup on

9:00 Commute

10:00 Start work

11:00 Have a cup of coffee

13:00 Have lunch

16:00 Meet my friends

18:00 Cook

19:00 Have dinner

20:00 Go to bed



## Robert

7:00 Get up

8:00 Do my homework

8:30 Go to school

9:00 Study

12:00 Have lunch

15:00 Go home

16:00 Do my homework

17:00 Do exercise

18:00 Have dinner

20:00 Watch TV



#### <u>James</u>

6:30 Get up

6:35 Get dressed

6:40 Brush my teeth

7:00 Go to work

8:00 Start work

14:00 Leave work and have lunch

15:00 Go to the gym

18:00 Read the newspaper

19:00 Cook

20:30 Have a bath

21:00 Go to sleep

