



Elastic Band Exercise

Stretch the elastic band on the stressed syllable in each word and relax/close the elastic band when saying the unstressed syllables.

Example Words

1. Accommodation
2. Business woman
3. Cleaner
4. Declare
5. Elementary
6. Fairly
7. Garlic
8. Historical
9. Immigration
10. Library
11. Lunchtime
12. Nationality
13. Outdoor
14. Permission
15. Reader
16. Romantic
17. Single
18. Television
19. Thunderstorm
20. Yellow