

1

The last time you brushed your
teeth



2

The last time you made a cup of
tea/coffee



3

The last time you answered a call



4

The last time you went for a walk



5

The last time you watched TV



6

The last time you made breakfast



7

The last time you washed the
dishes



8

The last time you put the washing
machine on



9

The last time you read the news



10

The last time you drank a glass of
water

