



Verbs to Practise in the Past Perfect Continuous Tense

Read the following past perfect continuous verbs in their affirmative, negative and contracted forms to focus on the word and sentence stress.

No	Affirmative	Negative	Contracted
1	I had been jumping	I had not been jumping	I hadn't been jumping
2	They had been waving	They had not been waving	They hadn't been waving
3	He had been singing	He had not been singing	He hadn't been singing
4	She had been writing	She had not been writing	She hadn't been writing
5	You had been dancing	You had not been dancing	You hadn't been dancing
6	It had been raining	It had not been raining	It hadn't been raining
7	They had been clapping	They had not been clapping	They hadn't been clapping
8	You had been playing	You had not been playing	You hadn't been playing
9	We had been sleeping	We had not been sleeping	We hadn't been sleeping
10	He had been cleaning	He had not been cleaning	He hadn't been cleaning
11	She had been typing	She had not been typing	She hadn't been typing
12	I had been listening	I had not been listening	I hadn't been listening
13	We had been learning	We had not been learning	We hadn't been learning
14	You had been cooking	You had not been cooking	You hadn't been cooking
15	We had been driving	We had not been driving	We hadn't been driving
16	She had been talking	She had not been talking	She hadn't been talking
17	They had been sitting	They had not been sitting	They hadn't been sitting
18	He had been helping	He had not been helping	He hadn't been helping
19	It had been changing	It had not been changing	It hadn't been changing
20	They had been growing	They had not been growing	They hadn't been growing